

| | Kugel | Diskus | Hammer |
|------|------------------------------|-----------------------------|-----------------------------|
| M 12 | 10,20m Lenz | 29,90m Cedric Reinhart | 35,56m Sören Klose |
| M 13 | 14,64m Steffen Korbach | 47,65m Martin Dudek | 65,62m Max Baier |
| M 14 | 14,63m Maximilian Neukirchen | 50,28m Marius Karges | 60,48m Kai Hurych |
| M 15 | 16,44m Thomas Wilhelm | 54,69m Steffen Klink | 69,91m Kai Hurych |
| mU18 | 20,04m Ralf Kahles | 61,21m Marius Karges | 77,34m Kai Hurych |
| mU20 | 18,01m Ralf Kahles | 52,98m Ralf Kahles | 70,67m Christian Schmitt |
| M | 20,28m Bob Bertemes | 58,40m Roger Bakowski | 77,17m Sergej Litvinov |
| M 30 | 19,88m Udo Gelhausen | 51,68m Hans-Jürgen Geissler | 55,76m Thomas Krenzer |
| M 35 | 16,46m Manfred Buchmüller | 51,68m Hans-Jürgen Geissler | 51,78m Solarz |
| M 40 | 16,46m Manfred Buchmüller | 44,72m Roland Zügel | 46,93m Ronald Dehn |
| M 45 | 16,46m Manfred Buchmüller | 43,10m Heinz Gellrich | 44,82m Heinz Gellrich |
| M 50 | 17,10m Manfred Buchmüller | 51,58m Peter Speckens | 59,04m Lutz Caspers |
| M 55 | 15,36m Peter Speckens | 50,78m Peter Speckens | 52,60m Hans Röcken |
| M 60 | 15,45m Peter Speckens | 56,42m Peter Speckens | 55,36m Hans Röcken |
| M 65 | 13,52m Peter Speckens | 54,06m Peter Speckens | 50,15m Hermann Huppertsberg |
| M 70 | 13,43m Wolfgang Heller | 41,98m Horst Vieweg | 54,38m Hermann Huppertsberg |
| M 75 | 10,81m Horst Goltz | 35,82m Arno Willershäuser | 39,06m Arno Willershäuser |
| M 80 | 11,65m Hermann Götte | 30,39m Horst Vieweg | 40,98m Günther Fändrich |
| M 85 | 9,04m Ernst Höht | 23,54m Helmut Kaleve | 28,02m Ernst Zuber |
| M 90 | 8,02m Ernst Höht | 22,89m Helmut Kaleve | 23,89m Ernst Höht |

| | Kugel | Diskus | Hammer |
|------|-----------------------------|------------------------------|------------------------------|
| W 12 | 10,03m Nadja Mesloh | 30,90m Simon | 35,66m Mia Haselhorst |
| W 13 | 11,58m Bianca Achilles | 36,09m Jule Koch | 46,16m Maria Tsianté |
| W 14 | 16,23 m Jenny Müller | 39,84m Bianca Achilles | 53,26m Bianca Achilles |
| W 15 | 16,23 m Jenny Müller | 39,84m Bianca Achilles | 53,26m Bianca Achilles |
| wU18 | 14,06m Anna Fehlhaber | 48,05m Curly Brown | 62,79m Nele Frisch |
| wU20 | 14,03m Jenny Müller | 56,13m Alida van Daalen | 59,04m Kathrin Klaas |
| F | 17,44m Julia Ritter | 57,66m Sabine Rumpf | 71,94m Kathrin Klaas |
| W 30 | 14,68m Nadja Mesloh | 55,08m Julia Bremser | 64,76m Carolin Paesler |
| W 35 | 12,63m Sabine Rumpf | 53,28m Sabine Rumpf | 42,75 m Bettina Schardt |
| W 40 | 11,84m Yvonne Steinfurth | 45,15m Sabine Rumpf | 42,48m Bettina Schardt |
| W 45 | 11,75m Yvonne Steinfurth | 41,89m Bettina Schardt | 42,48m Bettina Schardt |
| W 50 | 12,84m Ellen Weller | 38,42m Bettina Schardt | 45,44m Jutta Schäfer |
| W 55 | 11,32m Hella Böker | 34,90m Susanne Wissinger | 45,44m Jutta Schäfer |
| W 60 | 10,94m Jutta Schäfer | 34,90m Susanne Wissinger | 45,44m Jutta Schäfer |
| W 65 | 10,57m Jutta Schäfer | 31,50m Jutta Schäfer | 45,44m Jutta Schäfer |
| W 70 | 9,42m Susanne Wissinger | 26,30m Susanne Wissinger | 28,57m Christa Baum |
| W 75 | 8,83m Susanne Wissinger | 20,24m Susanne Wissinger | 27,03m Ingrid Schäfer |
| W 80 | 6,93m Ingrid Schäfer | 16,02m Ingrid Schäfer | 23,57m Ingrid Schäfer |
| W 85 | 6,37m Ingrid Schäfer | 14,24m Ingrid Schäfer | 21,77m Ingrid Schäfer |

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